



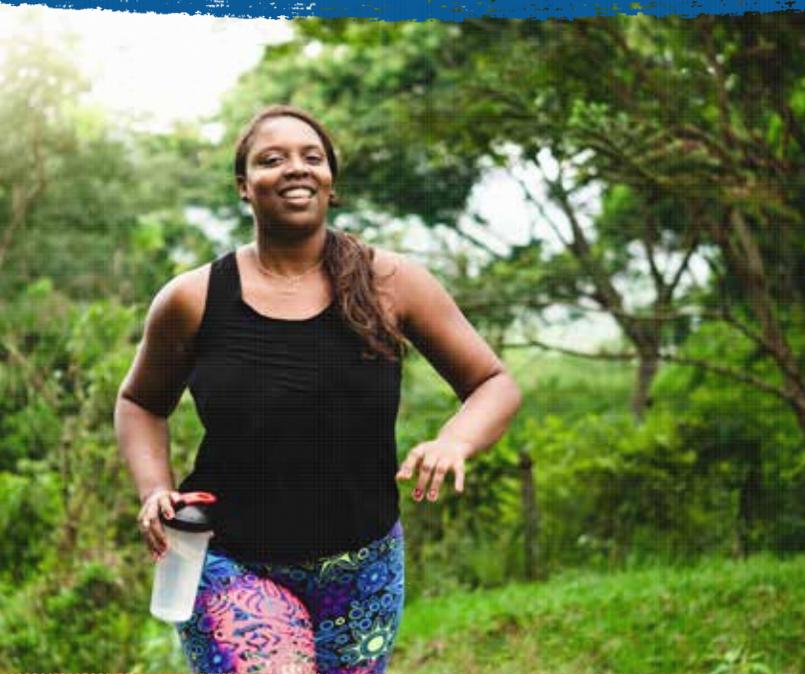
EFNEP

Expanded Food & Nutrition
Education Program

PALM BEACH

COUNTY

2020 HIGHLIGHTS



2020 EFNEP IN PALM BEACH BY THE NUMBERS

596 adults graduated from the EFNEP educational series



FOOD CHOICES

..... Statewide Problem

82% eat fewer than five fruits and vegetables per day²

95%



IMPROVED FOOD CHOICES

FOOD SECURITY

..... Statewide Problem

13% are food insecure¹

47%



IMPROVED THEIR FOOD SECURITY

\$507 = AVERAGE COST SAVINGS PER YEAR

FOOD RESOURCE MANAGEMENT

..... Statewide Problem

49% reported cooking five dinners a week at home⁴

80%



IMPROVED FOOD RESOURCE MANAGEMENT PRACTICES

FOOD SAFETY

..... Statewide Problem

17% get sick from foodborne illnesses³

79%



IMPROVED FOOD SAFETY PRACTICES

PHYSICAL ACTIVITY

..... Statewide Problem

65% do not meet physical activity recommendations²

78%



IMPROVED THEIR PHYSICAL ACTIVITY LEVELS

1. <https://map.feedingamerica.org/county/2019/overall/florida>

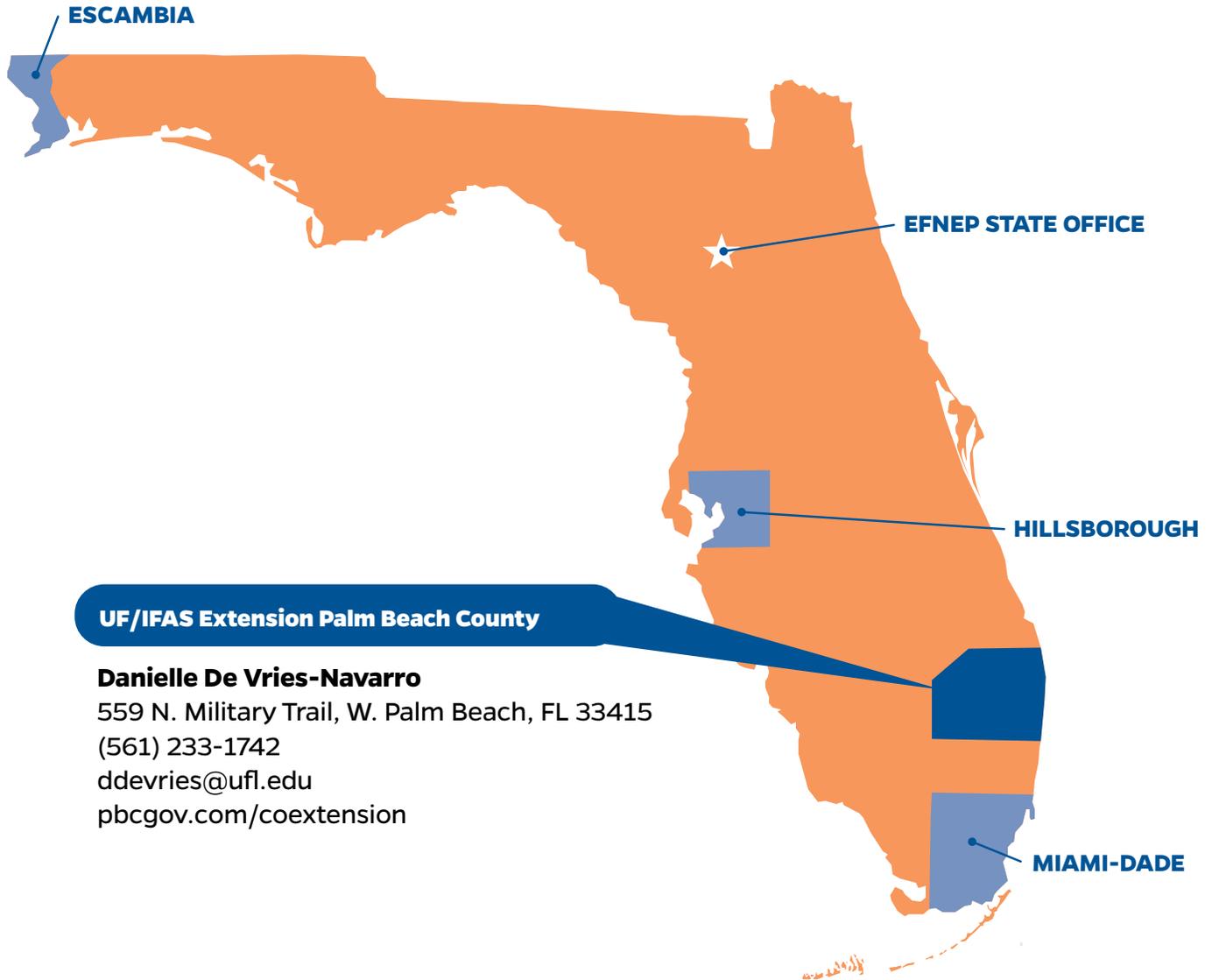
2. <http://www.floridacharts.com>

3. <https://www.cdc.gov/foodborneburden/2011-foodborne-estimates.html>

4. <http://idihealtheconomist.com/media/prevalence-and-patterns-of-cooking-dinner-at-home.pdf>

PARTNER WITH US

Expanded Food and Nutrition Education Program in Palm Beach County (EFNEP)



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